



January 31st, 2019

Division 5 & 13 Field Trip to Mount Seymour!

On Tuesday, February 5th, 12th, & 19th, students from divisions 5 & 13 will be going on a full day snowboarding/skiing trip to Mount Seymour.

Hours: 7:30 am departure and 4:30pm return.

Following is the list of items required:

What to Wear and Bring:

1) Full Winter Attire:

- ❖ Ski/Snowboarding Helmet mandatory including all accompanying adults (available from Mount Seymour n/c).
- ❖ Wrist Guards for snowboarding
- ❖ Waterproof pants
- ❖ Long johns or sweat pants
- ❖ Sweater or fleece
- ❖ Warm gloves/mittens
- ❖ Change of clothes for the ride home
- ❖ Backpack or bag for your gear (please leave valuable home)
- ❖ Warm hat/toque and long warm socks
- ❖ Turtle neck or t-shirt (long sleeved)

If possible please bring a change of clothes.

2) Bring a bagged lunch and snack and water bottle

3) Students are reminded not to bring any electronic devices or money with them.