



École Élémentaire Sunshine Hills Elementary  
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<https://deltalearns.ca/ecolesunshinehills>

<http://sh.deltasd.bc.ca/home>

September 26, 2023

Dear Parent(s)/Guardian(s) of Grade 2 to 7 students,

Your child has expressed an interest in joining the Sunshine Hills Cross Country team this year. We will be holding practices for all interested runners **during school hours at 11:50 am this year. Students in grades 5-7 will practice on Mondays and Wednesdays and those in grades 2-4 on Tuesdays and Thursdays.** As we will be running rain or shine, therefore participants should wear weather appropriate clothing and proper footwear. We have also asked for students to bring a change of clothes, socks and shoes (if possible!) and a water bottle with them on those days.

This year our event will be on October 25th, 2023 from 3:30 -5:00 pm. If there are any parents who would be interested in helping us on the day of the event (e.g. marking the course, counting runners at checkpoints, marshalling etc.), please email Mrs. Poole at [spoole@deltaschools.bc.ca](mailto:spoole@deltaschools.bc.ca).

Thank you!

Ms. Stephanie Poole  
Teacher

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*Grade 2-7 Cross Country Team*

I give permission for my child \_\_\_\_\_ in grade \_\_\_\_ to participate in the 2023 Sunshine Hills Cross Country team.

I would be interested in helping, please contact me at \_\_\_\_\_

\_\_\_\_\_  
Printed name of Parent/Guardian

\_\_\_\_\_  
Signed by Parent/Guardian

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