



École Élémentaire Sunshine Hills Elementary  
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<http://sh.deltasd.bc.ca/home>

March 13<sup>th</sup>, 2024

Dear Parent/ Guardian,

Your child has shown an interest in joining the Sunshine Hills Elementary Track and Field team starting April 3<sup>rd</sup>, 2024 and ending toward the end of May 2024. The Track and Field program is open to students in grades 4 to 7. **Practices will be held on Tuesday and Thursday mornings from 8-8:50am.**

It is a very short season this year with our North B meet taking place on May 6<sup>th</sup> (May 10<sup>th</sup> is our rain out date) at North Delta Secondary School. If your child qualifies in one or more of their events at the North B meet, there will be a District wide meet the following week (location TBA).

Participants are expected to come to morning practices in athletic clothing (running shoes, shorts/athletic pants, t-shirt, water bottle) for 8am so that we can start our warm-up and rotation of events on time. It would be a good idea to bring extra socks and a change of clothes on wet practice days.

*If practice is cancelled due to weather, it will be communicated via e-mail by 7:30am of that morning at the latest.*

Please return permission forms to Mrs. Poole as soon as possible.

Thank you,

Stephanie Poole  
Physical Education Teacher  
Track and Field Co-Ordinator/ Coach

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## Parent Consent Form

I give my child, \_\_\_\_\_ in grade \_\_\_\_\_  
division \_\_\_\_\_, permission to participate in the 2024 Track and Field  
season.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date