



École Élémentaire Sunshine Hills Elementary
11285 Bond Blvd
Delta, B.C. V4E 1N3
Tel: 604-594-8491 Fax: 604-594-3815
<https://deltalearns.ca/ecolesunshinehills>
<http://sh.deltasd.bc.ca/home>

September 6, 2024

Dear Parents/Guardians,

We are planning a Grade 7 field trip to Sasamat Outdoor Centre in Belcarra. We hope that this trip will be a fun experience of bonding and self-exploration for our Grade 7 students. At the Sasamat Outdoor Centre, students will experience team building activities. Lunch in the cafeteria will be provided for students and teachers.

The **date of the field trip is Wednesday, September 25th, 2024**. Students **must** be at the school by 7:30 a.m. We will return by approximately 4:00 p.m. Please consider that traffic can alter the arrival time back at school. Transportation will be by chartered school bus. Supervision will be provided by teachers and Sasamat Outdoor Centre Staff.

Students will need **appropriate foot wear and to be dressed for the weather and outdoor activities**. Please **bring a filled water bottle and a small snack in a backpack**. Cell phones are **not** permitted as per the new District restriction.

The total cost for the trip is \$85.00 per student.

Thank you to the Sunshine Hills PAC for covering the cost of the transportation. If the cost is prohibitive to your child attending this trip, please contact Mrs. Keri Hanlon (khanlon@deltaschools.ca) to discuss.

At this time, we would like to confirm the number of students attending this trip. Please complete the lower portion of this form and return it to your child's teacher by Thursday, September 12th.

****Waivers were sent out in June. Your child will receive a waiver if one has not been received. It is imperative that this form is filled out in its entirety including dietary restrictions.***

Sincerely,

Mrs. Kramer, Miss, Stern, Mme Santamaria, Mr. Perrone and Mme Meredith

Sasamat Outdoor Centre Field Trip
Wednesday, September 25th, 2024 **8:00 a.m. until 4:00 p.m.**

Student Name: _____

Div. _____ Teacher Name: _____

1. Please check below if you have completed the Participant Waiver and Information Form _____
2. Please check if you included your cheque and/or cash for your child \$85.00 _____
Payment is due by Thursday, September 12th

Date: _____

Parent/Guardian Signature: _____

SASAMAT OUTDOOR CENTRE

3302 Senkler Rd, Belcarra, BC, V3H 4S3

www.sasamat.org, info@sasamat.org

p 604.939.2268, f 604.939.8522

Participant Information and Health Form

Participant Information:

Name of Group/School: _____ Dates of Rental: _____

Name of Participant: _____ Date of Birth: _____

Home Address: _____ City: _____ Postal Code: _____

Phone Number: _____ Alternate Phone: _____ Email: _____

BC Health Card Number: _____

Emergency Contact Name: _____ Relationship: _____

Home Address: _____ City: _____ Postal Code: _____

Phone Number: _____ Alternate Phone: _____

Health Information:

Please list any disabilities, special needs, conditions, illnesses or operations and any subsequent limitations (including pregnancy):

Please list any medications, prescribed or otherwise, currently being taken (Please indicate/bring Epipen if required):

Please list any allergic reactions to food, medications, environmental factors, or other:

<u>Allergy:</u>	<u>Reaction:</u>	<u>Treatment:</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

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Participant Waiver Form

Sasamat Outdoor Centre is committed to delivering unique and exciting programs that will lead to positive growth and development in all individuals, groups, organizations and communities. Sasamat Outdoor Centre utilizes a Challenge By Choice approach in all of its programming. This means that Sasamat Outdoor Centre staff will provide leadership and instruction and in turn empower the participant to make choices about their own level of involvement.

The participant may be involved in activities that include, but are not limited to, a high ropes challenge course, a climbing wall, a vertical playground, canoeing, kayaking, hiking, swimming and archery (the "Activities"). Sasamat Outdoor Centre is committed to ensuring the safety of all participants at all times. Staff will provide participants with instruction, safety briefings, high quality equipment, and appropriate supervision for all activities. The participant must do their part by following all safety policies and procedures that are outlined during the course of the program.

NOTICE TO PARTICIPANTS

All participants (or the participant's legal guardians if under the age of 18) are required to carefully read this document and sign it to acknowledge that you have read and understood it, and that you accept that participation in the Activities may expose the participant(s), or members of the participant(s)' family, to risks of harm and that you acknowledge and accept such risks.

PARENT/GUARDIAN RESPONSIBILITY FOR CHILD

I, the undersigned participant [or the Parent(s)/Guardian(s) of the participant(s)], understand and accept that, in respect of participation in the Activities, it is my responsibility (1) to ensure that I consider and understand the risks, dangers, hazards and consequences of injury inherent in the Activities, (2) to determine, taking into consideration those risks and the participant(s) behavioural characteristics, physical health and abilities, whether the participant(s) should be allowed to participate in the Activities, (3) to ensure that the participant(s) is/are appropriately covered by medical insurance for any harm occurring in the Activities, and (4) to provide emergency medical information regarding the participant(s) as required in this document.

ACKNOWLEDGEMENT OF RISK

I/we am/are aware that the program that I/we am/are undertaking constitutes Activities undertaken at the sole discretion of the undersigned. I/we am/are that these Activities involve inherent risks, including the possibility of personal injury, death, property damage, loss or expense resulting there from. I/we am/are further aware that these activities, in addition to the usual inherent risks, have additional risks which may include but are not limited to:

- 1) Physical exertion for which I/we may not be prepared;
- 2) Environmental hazards;
- 3) Remoteness from medical services; and
- 4) Exposure to Covid-19.

I/we agree to participate and follow the rules and directions of the Sasamat instructor(s) with regards to rules and safety requirements

WAIVER & RELEASE

I hereby agree to release and hold harmless the Centre from and against any and all liability, claims, demands, and proceedings of whatever nature and kind suffered or incurred by the participant(s), the undersigned, or the participant(s)' family members, which arise out of or result from participation in the Activities, including without limitation:

- 1) Those resulting from the negligence of the Centre;
- 2) Those brought or executed in respect of personal injury (including injury resulting in death);
- 3) Those brought or executed in respect of damage or destruction of property; and
- 4) Those brought or executed in respect of exposure or potential exposure of the participant(s), and the participant(s)'s family members, to COVID-19.

INDEMNITY

I agree to indemnify the Centre for any losses, injuries, damages and expenses of any kind that the Centre may suffer, incur, or experience as a result of any complaints, demands, claims, actions, suits, judgments, or orders for any and all losses, injuries, damages, or expenses, including legal expenses, the Centre may experience in connection with the participant(s)' participation in the Activities.

MEDIA RELEASE

I/we agree that media such as photographs, (including altered photographs), and/or video taken of our child or family while participating in Sasamat Outdoor Centre programs can be used for ANHBC and/or Sasamat Outdoor Centre promotional purposes including, but not limited to, advertising, brochures, fundraising materials, website, and social media, and that if I/we wish to alter this media release I/we must contact the Sasamat Outdoor Centre Office to do so.

I HAVE READ AND UNDERSTOOD the information provided above and agree to the terms of participation.

If the participant is 17 years of age or younger, each parent and/or guardian must sign.

Name of Participant(s)	School/Rental Group	Date
Signature of Participant (if 18 years of age or older)	Signature of Parent/Guardian (if 17 years of age or younger)	Signature of Parent/Guardian B (if parents have joint custody)