

Hello Sunshine Families.

Please see below for Sports Day information:



Friday, June 13th

Sports Day Schedule:

9:00 am School starts at regular time (attendance in class)

- HORN sounds to start/rotate
- Stations are approximately 10-minute intervals

9:30 am Stations start outside

Primary classes on the lower field and Intermediate classes on the upper field

10:30 am *Snack (Students will be in class to eat a snack and rest- no outside recess time)*

10:45 am Classes return to their next stations outside

11:00 am Stations begin again

12:10 pm Lunch & Lunch recess outside (12:25 pm - 1:00 pm)

Stations end and the regular lunch schedule begins

Please note regarding

LUNCH:

- Parents are welcome to have their child join them outside for a family picnic! If parents intend to take their kids to the field for lunch, they **MUST let the teacher know before hand AND they MUST collect their child from their outside door after the last station has finished** and kids have returned inside. Please **DO NOT take your child directly from the field and leave for lunch!**
- Students who are not eating outside with their families will eat in their classrooms.
- **All students must return to their classroom for attendance at 1:00 pm.**

1:00 pm Students are in their classrooms for attendance/ check-in

1:10 pm Events Outside: Pre-School Race, & Grade Tug-O-Wars

Tug O War will begin on the upper field in the following order: K - 7, 7s vs adults, etc.

2:15 pm Sports Day ends (approx. end time)

3:00 pm Dismissal (regular school dismissal time)

Please

Note:

- Please **dress your child appropriately for the day-**

hopefully it will be nice and sunny outside on Friday!

- Running shoes (no flip-flops, boots or Crocs please)
- Comfortable clothing (dress in their **team' colour!**)
- Hat
- Sunscreen (non- aerosol)
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Large water bottle (they will take them outside during stations)

Thank you for cheering your child on at Sunshine Hills' Sports Day 2025!

Kindly,

The Sunshine Sports Day Team